Text, logo

Description automatically generated

Trolley Bed Orienteering

Thank you for your interest in the Trolley Bed Preserve of Woodbury! Interested in taking up orienteering while also enjoying a great hike? Well you have come to the right place.

All you need is a compass, hiking boots, and this instructional sheet for an adventurous time!

A few pointers before you start:

* All courses have the starting sign on the right side of the trail **after** the bridge on the right (the trail keeps going straight and **does not** go over the bridge)
* Maintain a consistent walking stride
* Re-orient the compass after 25 paces to ensure you are still on track
* All courses return to their own starting marker on the main trail
* Take a breather every once in a while and appreciate what is around you!

White Course (Beginner/Easy):

Begin by starting at the first **white** marker sign with the “W” on the right side of the trail.

1. 95 paces East
2. 50 paces South
3. 92 paces West
4. 64 paces North

This course has **4** signs total and a small stream crossing.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Blue Course (Moderate):

Begin by starting at the first **blue** marker sign with the “W” on the right side of the trail.

1. 67 paces North-West
2. 52 paces South-West
3. 110 paces South
4. 51 paces East
5. 64 paces South-West
6. 115 paces South-East
7. 182 paces North

This course has **7** signs total and has a moderate slope inclination.

Red Course (Challenge):

Begin by starting at the first **red** marker sign with the “W” on the right side of the trail.

1. 80 paces at 280°
2. 71 paces at 210°
3. 70 paces at 320°
4. 80 paces at 210°
5. 115 paces at 140°
6. 80 paces at 80°
7. 100 paces at 190°
8. 75 paces at 100°
9. 57 paces at 140°
10. 9 paces East\* (to return to the main trail)
11. Continue Northward on the trail for 270 paces

\*Note this **does not** have a trail sign

This course has **9** signs total and moderate hill climbing.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*\*ALL TRAIL DIRECTIONS ARE MADE WITH RESPECT TO COMPASS NORTH AND\*\*

NO COMPENSATIONS ARE MADE FOR TRUE MAGNETIC NORTH.

Questions or Comments? We would love to hear your feedback!

Contact Us:

Woodbury Parks and Rec Department

Phone: 203-263-3113

Email: [RecInfo@woodburyct.org](mailto:RecInfo@woodburyct.org)